

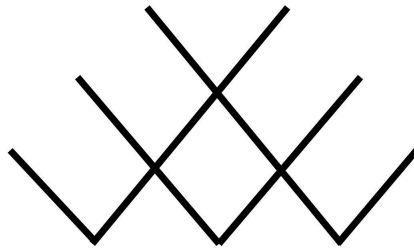
The Septiņdienu, or Seven Day Ring/bracelet, is a traditional Latvian design steeped in ancient symbolism. Each piece carries a series of seven symbols, each with its own history, meaning, and energy.

While the interpretations I share here are what I personally use in my designs, these symbols are ancient and their meanings would have varied across different regions and traditions. There are many wonderful books and resources if you'd like to explore further.

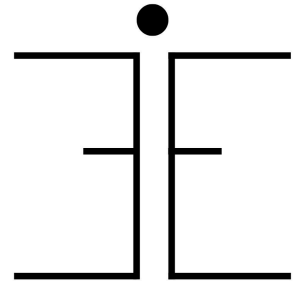
The seven symbols I include are a reflection of hopes, intentions, and positive energy for everyday life. I love the idea of connecting with concepts that are bigger than ourselves—symbols that offer a sense of guidance, protection, and mindfulness as we go about our days.

Every piece becomes a personal talisman, holding wishes for growth, protection, and positivity.

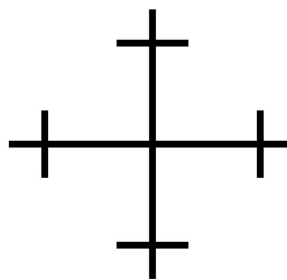
There are many symbols that can be used for the designs but these are the main ones you will see in my work.



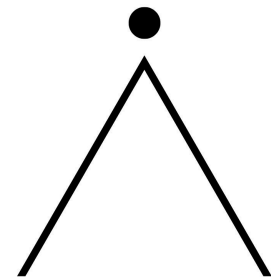
AUSTRAS KOKS - TREE OF LIFE/DAWN
A DEPICTION OF WORLD ORDER - BIRTH, LIFE, DEATH, AND THE DAILY CYCLE OF THE SUN



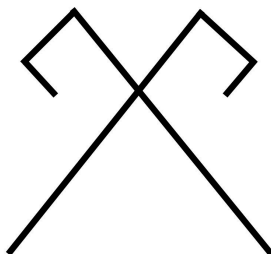
ŪŠŅŠ - GUARDIAN OF HORSES AND BEES
IT REPRESENTS FERTILITY, GROWTH, PROTECTION FOR TRAVELERS, AND BRINGS STRENGTH TO THE WEAK.



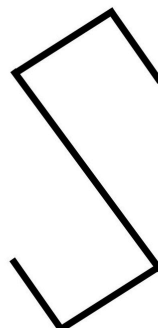
MĀRAS KRUSTS - MĀRAS CROSS
REPRESENTING THE GODDESS MĀRA—THE GUARDIAN OF HOME, FERTILITY, AND THE MATERIAL WORLD, OFTEN LINKED WITH PROTECTING WOMEN



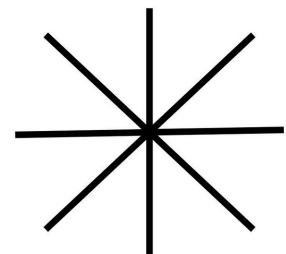
DIEVS - SIGN OF GOD
A SIGN OF EVERYTHING THAT IS UP, SKY, HEAVEN AND GOD.



JUMIS
REPRESENTING FERTILITY, ABUNDANCE, PROSPERITY, AND SUCCESS. OR A BOUNTIFUL HARVEST, IT IS TYPICALLY DEPICTED AS TWO STYLIZED, CROSSED STALKS OF GRAIN



ZALKTIS - GRASS SNAKE
REPRESENTING WISDOM, FERTILITY, PROTECTION, AND THE CYCLE OF LIFE



ZVAIGZNE - MORNING STAR
REPRESENTS THE BALANCE BETWEEN LIFE AND DEATH, PROTECTS AGAINST EVIL